

BullySmart Publications

Dedicated to Bullying Prevention

BullySmart 2000

Dear Principal and Staff,

BullySmart Publications proudly presents "The BullySmart Journey" resource list for the 2000-2001 school year.

An eleven-part series of teacher resource materials designed to help tackle the issues of bullying in schools today, "The BullySmart Journey" can be used in part or in its entirety. The series uses student involvement and peer leadership to help youth help each other. Skill-based, peer-led role-plays, demonstrations and discussions are the hallmarks of "The BullySmart journey" program.

Originating on the west coast of Canada, this highly successful bullying prevention program is now being used in every province of the nation. The author/publisher of the series bases her work on an accumulated seven-year experience working with violence prevention programs for middle school youth. Her work with students has been widely recognized throughout British Columbia and other parts of Canada.

This program series utilizes the best resource available to students: peer support. "The BullySmart Journey" series provides opportunities and challenges for Peer Helpers and Student Leaders to tackle important issues in their schools.

*** Believe ***
in the potential of youth
to face meaningful issues!
*** Empower ***
Student Leaders to take on
A worthwhile school-wide project!
*** Experience ***
"The BullySmart Journey"
and positively impact your school!

All parts of "The BullySmart Journey" focus on the SMART Skills acronym to help youth develop skills and strategies for bullying prevention. S = Seek Help, M = Make a Plan, A = Assert Yourself, R = Report Bullying, and T = Talk about Bullying. Easy to remember and effective when used, SMART Skills form the foundation of the BullySmart Journey program.

Designed to be straight forward and easy to use, this resource material includes everything a group leader requires to start a program. It provides expert guidance and resources for teachers, parents, and student. Written specifically for the middle school age group, this program is easily adaptable to both older and younger ages. Tailor-make a program to suit your school. Current and timely, and utilized for seven years in a successful middle school program, "The BullySmart Journey" series may be the program you've been looking for.

"The teachers who have used the program are raving about how easy it is to use and how effective it has been. We would like to be able to put this valuable resource in the hands of more teachers." (Teacher, Bedford, Nova Scotia)

Emphasizing a whole-school approach, the BullySmart Journey Program is aimed at all members of a school community, students and staff alike. Not just a harm-reduction program for victims, or a rehabilitation program for bullies, The BullySmart Journey addresses everyone involved in bullying, particularly the bystanders.

Purchase direct from the author/publisher single titles or the entire 11-part collection. **Special package price for Canadian schools: purchase the entire 11-part series for \$325.00 (individually priced \$387).** Use the order form to fax your order directly to 250-642-3648, or mail to BullySmart Publications, Box 746, Sooke, B.C. V0S 1N0.

“The BullySMART Journey” Order Form 2000

Name: _____ Position _____
Agency/Organization: _____
Shipping Address: _____
City: _____ Province: _____ Postal Code _____
Telephone: (____) _____ Fax: (____) _____

- The BullySMART Journey Teacher Resource Package** – designed for use in intermediate classrooms to create awareness about bullying and to teach prevention skills; includes seven sections with lesson plans, activity sheets, and teacher background information. **Cost \$49.00**
- The BullySMART Journey Student Workbook*** - includes activity sheets and resource material from the seven sections in “The BullySMART Journey Teacher Resource Package.” **Cost \$25.00**
- Manual for Training BullySMART Student Leaders** – training plan for student leadership program facilitators who wish to develop a bullying prevention program and train student leaders; contains training activities, program implementation ideas, and teacher background information. **Cost \$49.00**
- BullySMART Student Leader’s Handbook*** - designed to supplement the training program for BullySMART student leaders; contains program development ideas and background information and is written for young people. **Cost \$25.00**
- Scripts for BullySMART Role-Plays*** - collection of short role-plays to demonstrate bullying situations with and without use of BullySMART skills. **Cost \$35.00**
- The BullySMART Journey Peer Mediation Training Manual** – contains step-by-step planning information for Peer Mediation as an important step towards conflict resolution and prevention of school violence; contains ideas for program implementation, a five-step mediation model, outline of peer helping skills, two-day training plan, forms, sample agreements, sample student handbook pages. **Cost \$69.00**
- The BullySMART Journey Peer Mediation Student Handbook*** - student mediation manual that outlines the five-step model, and includes a script for Peer Mediating; also contains useful prompt sheets to supply help during the mediation. **Cost \$35.00**
- SMART Scripts for BullySMART Kids*** - a companion to the original “Scripts for BullySMART Role-Plays,” this volume adds another thirty scripts to the BullySMART collection. Quick, effective role-plays to demonstrate use of BullySMART skills and strategies. **Cost \$35.00**
- BullySMART Activities for the Classroom*** - a supplementary set of classroom activities to expand and enhance the original “The BullySMART Journey Teacher Resource Package.” Includes an assortment of activities to help teach BullySMART skills to varying grade levels. **Cost \$25.00**
- BullySMART Pamphlet*** - a pamphlet for students and parents outlining the BullySMART skills and strategies. A good take-home addition to “The BullySMART Journey” Program. **Cost \$15.00**
- BullySMART Handbook for Parents*** - a booklet for parents who are concerned about bullying at school. Includes background information about the phenomenon of bullying and uses the bullySMART skills and strategies to guide parents as they help their children deal with bullying issues. **Cost \$25.00**

* may be photocopied for use within the school’s student/parent population

Sub-Total = _____
Please add Shipping and Handling = _____
Canadian Residents add 7% G.S.T. = _____
TOTAL = _____

Shipping and handling rates for orders under \$100.00 = \$6.00, for orders over \$100.00 = \$10.00, foreign orders please add \$20.00, add an additional \$10.00 for Canada Post Express Mail for rush orders.

We regret that we can no longer provide “preview” copies. Sample pages are available for your perusal. Please include payment by cheque or purchase order with your order. Cheques payable to **BullySMART Publications**. Visa/credit cards are not accepted. Schools may request invoice be sent with purchased materials. For inquiries fax (250)642-3648 or e-mail bullysmart@home.com
Fax completed orders to (250)642-3648 or mail to:

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