

RACQUET SPORTS

BADMINTON, RACQUETBALL, GOODMINTON, HANDBALL, SQUASH

| EQUIPMENT | FACILITIES | SPECIAL RULES/ INSTRUCTION | SUPERVISION |
|--|---|---|--|
| ALL GRADES | | | |
| <p>Wear eye protection. Safety eye goggles reduce the potential for injury.</p> <p>Use racquetball and goodminton racquets that are equipped with a thong that is worn around the wrist.</p> <p>Use balls that are appropriate to the skill level of players (e.g., foam tennis balls or vinyl balls).</p> | <p>Clearly define court boundary lines.</p> <p>In side-by-side court situations, establish safety procedures.</p> | <p>When teaching skills, allow adequate space for each player to make an uninterrupted swing.</p> <p>Teach and enforce the code of etiquette for court play (e.g., not entering a court in use).</p> <p>No more than 4 players on a playing area for handball, goodminton and racquetball.</p> <p>Teach skills in proper progression.</p> | <p>During initial instruction, provide on-site supervision.</p> <p>After instruction, provide in the area supervision.</p> |