

## FLOOR HOCKEY GYM RINGETTE

EQUIPMENT	FACILITIES	SPECIAL RULES/ INSTRUCTION	SUPERVISION
<b>ALL GRADES</b>			
<p>Check stick regularly to ensure the blade is securely attached to the stick and that there are no cracks or splinters.</p> <p>For floor hockey, use only regulation plastic hockey sticks or hockey sticks with plastic blades.</p> <p>Wear eye goggles.</p> <p>For ringette, use regulation ringette sticks.</p> <p>Have goalies wear a protective mask (e.g., catcher's mask).</p> <p>Use a "soft" ball such as a nerf ball, or plastic or soft rubber puck.</p>	<p>Use a playing surface and surrounding area that is free of all obstacles (e.g., tables, chairs).</p> <p>Make sure all floor plugs are in place.</p>	<p>Strictly enforce rules with penalties.</p> <p>Teach skills in proper progression.</p> <p>Base games and activities on skills that are taught.</p> <p>No body contact.</p> <p>No sticks above the waist.</p> <p>Implement a crease for protection of the goalie and do not allow other players in the crease.</p>	<p>Provide on-site supervision.</p>