

SASS CONFERENCE—2010

Session Presenters, Times and Rooms

Eva de Gosztonyi – Keynote Speaker “Building Relationships with Aggressive and Violent Youth”

Room: Heritage Hall

Time: Thursday, May 13th 9:00 – 11:45

Eva is a child psychologist who has worked for 30 years in schools all across Canada. She has a Masters Degree in Psychology from Concordia University, Montreal and a Bachelor of Education degree from the University of Saskatchewan. Working with adults who work with children has always been her passion. She is presently co-ordinator of the Centre of Excellence for Behavior Management, a support to the English School Boards of Quebec helping them to provide effective interventions for students with behavioral disorders.

As the Director of Education program for the Neufeld Institute, Eva is highly recommended by Dr. Gordon Neufeld, notable author of *Hold on to Your Kids*. Eva’s warm personality, her refreshing approach and professional experience make her a dynamic speaker. Her presentation on *Building Relationships with Aggressive and Violent Children and Youth* will focus on Dr. Neufeld’s work. Dr. Neufeld’s key to making sense of aggression is to look past the violating behaviour and to focus instead on the frustration experienced by the student. Aggressive students are inclined to attack when frustrated because they lack the ability to adapt and/or the ability to temper their experience. As a result they are also unable to benefit from traditional means of discipline (correction, confrontation, consequences and isolation). Alternative interventions will be explored to help staff members better manage these students’ behaviour.



Eva de Gosztonyi: [Making Sense of Aggression](#)

Room: Heritage Hall (1)

Time: Thursday, May 13th 1:00 – 3:45
(Half day session)

In the two afternoon break-out sessions, Eva will elaborate on her presentation from the morning. Alternatives will be explored to help interveners better manage young people’s behavior. As a result of the sessions, participants will be able to:

- Recognize the signs of frustration, even when not expressed in violating ways.
- Understand why aggression and violence are increasing amongst children and youth.
- Identify the psychological roots of aggression and violence.
- Avoid common pitfalls in interacting with aggressive children and youth.
- Interact in ways that do not make the problem worse.
- Learn effective strategies to help children and youth overcome violent and aggressive behaviors.

SASS CONFERENCE—2010

Ken Mok: [Saskatchewan Youth Gangs](#)

Room: Heritage Hall (2)

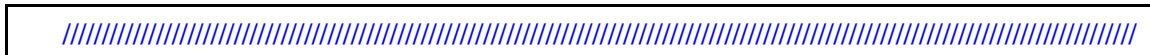
Time: Thursday, May 13th 1:00 – 2:15

Friday, May 14th 1:00 – 2:15

Ken Mok has worked with Young Offenders in the Ministry of Corrections, Public Safety, and Policing for the past fifteen years. He is the Team Leader of a developmental team at the North Battleford Youth Centre. Ken is involved as a trainer for Core Correctional Practices training, Youth Services Intervention training, and Gang Awareness training at the North Battleford Youth Centre. For the past six years Ken has been an active member of the Saskatchewan Provincial Gang Committee, which meets monthly to discuss and strategize on issues facing the youth in Saskatchewan. As this area is of great interest to Ken he has taken on the role of training professional staff that work with youth who are at risk of gang involvement or who are actively involved in gangs.

The presentation topics:

- how to recognize gang involvement
- what constitutes a gang member
- gang graffiti
- active gangs in Saskatchewan
- gang hierarchy
- who joins gangs (risk factors)
- gang prevention, intervention, suppression strategies and rehabilitation.



Lindsay Robertson: [Implications for Treating and Managing Aggressive Youth](#)

Room: Muse Theatre

Time: Thursday, May 13th 1:00 – 2:15

Lindsay Robertson is currently completing her Ph.D. in Clinical Psychology at the University of Saskatchewan. She works at Saskatchewan Hospital for the department of Psychology with mentally ill individuals, providing assessments for the courts to assist in the determination of fitness to stand trial and criminal responsibility. In the past she has also worked with youth, providing assessments for juvenile court and co-facilitated a psychoeducational group for perpetrators of spousal violence as well as sex offender relapse prevention treatment program.

Youth violence is one of the most visible forms of violence in society. Since the effects of youth violence are wide reaching, a number of risk factors have been identified to help prevent, assess, and manage aggressive behavior in youth. These risk factors, including individual, interpersonal, social, and community level risk factors, will be discussed. The availability and utility of risk assessment measures will also be noted. The impact of gender, age, and the developmental stage of the youth will be noted throughout this discussion. Following this, implications for treating and managing aggressive youth will be discussed.

SASS CONFERENCE—2010

Angela Edmunds and Marcel Petit - **Hookers: A Documentary**

Room: Harvest Hall

Thursday, May 13—1:00-2:15

Angela and Marcel will be screening an abridged version of *Hookers: A Documentary*, a feature documentary film that was completed in 2008. The film was co-produced by director Marcel Petit and editor Angela Edmunds.

Hookers: A Documentary

Five women take us on a journey detailing their youth spent growing up in abusive homes, being involved in prostitution and drug addiction. More recently they have turned to healing and fighting for respect. Their stories focus on the struggles they had to go through in order to turn their lives around in that they had to reconnect with their community, family, and learn about their cultural roots. This remarkable story is one of triumph, finding a voice and learning to use it to effect change.

Angela Edmunds is an award winning filmmaker who works in Saskatoon, Saskatchewan where she runs her own independent production company, *Mae Star Productions*. The production company is committed to producing quality film and video work that will invoke thought and inspire change. Her work which includes *Are You Norma?* & *From Stilettos to Moccasins* (<http://www.youtube.com/watch?v=IQRb8wA2itts>.) has been screened both nationally and internationally. Angela, with Marcel Petit, is currently working on several new projects, one being a feature documentary called *The Prism Project* which is about students in Cumberland House, SK. who are building an energy efficient house.

Marcel Petit is an independent producer, filmmaker and photographer from Saskatoon, SK. where he runs his independent production company m.pet productions. He is currently the Executive Director at the Core Neighbourhood Youth Co-op in Saskatoon, an alternative education, life skills and social skills organization. Marcel is also working on a feature documentary on Métis leader, Jim Brady.



Tour 1: Tour of the S2 (Structured Success Program) at Central School, Battleford

Meet: Front doors of Museum – Transport by van

Time: Thursday, May 13th 1:00 – 2:15

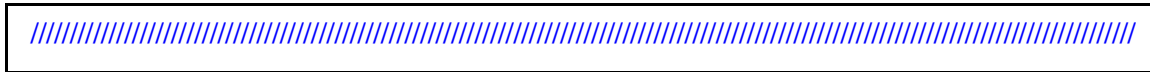
The Structured Success Program was originally developed by Frank Hewett in the mid 60's in the USA for students with intellectual disorders. In the mid 70's, the Saskatoon School Division enhanced the program for behavioral disordered students of normal intelligence; but who, could not cope in a regular classroom setting. The Battlefords School Division initiated the program based on the Saskatoon model in the mid 1990's. Expansion of the program has continued and now includes programs for students in the division from Kindergarten to Grade Eight. Brendon Legario from Central School in Battleford will showcase his program.

SASS CONFERENCE—2010

Tour 2: [Tour of Phoenix and Manacowin Schools in North Battleford](#)

Meet: Front doors of Museum – Transport by van Time: Thursday, May 13th 1:00 -2:15

Phoenix and Manacowin schools are separate schools of the Living Sky School Division housed in a shared facility which has excellent instructional and technological resources. Both schools are partnered with Mental Health, Community Resources and Drumming Hill Youth Center. Manacowin School is also partnered with the Light of Christ Roman Catholic School Division. Manacowin takes a maximum of twelve students in the age range of twelve to twenty one. Phoenix houses up to thirty students aged ten to fifteen. These students are split into two classrooms. These schools were set up because a need was perceived for a special program for students who, due to behavior issues, could not attend regular programming. The goal of these two schools is to re-integrate students back into a regular classroom setting. David Allen, principal, will lead this tour.



Shauna Welter: [Concern for Youth](#)

Room: Heritage Hall (2)

Time: Thursday, May 13th 2:30-3:45

Shauna Welter is the Student and Family Support Worker for Living Sky School Division, the Chair of Concern for Youth and a member of the advisory committee for “Bridges for Children” program. Battlefords Concern for Youth is a non-profit, community based organization that began in May, 1989. Outreach workers work with all youth and their families in the city of North Battleford, the Town of Battleford and the surrounding area. They also work collaboratively with all agencies in the Battlefords. The primary objective of outreach workers is to locate, interact, and connect with youth at-risk with their families and make referrals to social and community agencies that can provide them with programs and services. Shauna will explain the Concern for Youth’s mission which:

- Uses a proactive approach to assist youth in making responsible decisions.
- Identifies the needs of youth.
- Acts as a liaison between youth and community programming.
- Raises the profile of youth issues in the community.

Shauna will also elaborate on her role as the Student and Family Support Worker. Within all her roles, she implements the principals for wrap around and encourages all other workers and partners to use this process.

SASS CONFERENCE –2010

Pam Hanna: Teaching with the Brain in Mind

Room: Muse Theatre

Time: Thursday, May 13th 2:30 – 3:45

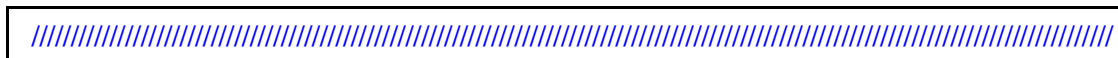
Friday, May 14th 1:00-2:15

Pam Hanna has worked as an educator turned counselor over the past thirty years. Currently working with young offenders and hard to reach youth at Child and Youth Services in North Battleford, Pam has been drawn into addressing the impact of trauma on cognitive, academic, and behavioral functioning.

The learning objectives of this topic are:

- To identify common behavioral challenges from a brain based perspective.
- To develop classroom management strategies to increase focus, concentration and attention in students.
- To consider how psychological trauma narrows academic performance.
- To practice hands on practical interventions to common behavioral challenges.

Impulsive, reactive and sometimes violent behaviors can side track the most exciting lesson plan. This session draws on current research on the brain to increase understanding of how the right kind of structure, supervision and support can open up students to the inherent joy of learning.



Dr. Y. Mahmood, Senior Psychiatrist, Clinical Assistant Professor, University of Saskatchewan M.D.B.S.,L.M.C.C.,D.C.P.(R.C.P. & S.I.) D.P.M. (R.C.P.& S.I.) M.R.C. Psych (U.K.), F.R.C.P.C. : [Conduct Disorders & Underlying Mood Disorders](#)

Room: Harvest Hall

Time: Thursday, May 13th 2:30- 3:45

Dr. Mahmood, Senior Psychiatrist with Prairie North Health Region will be speaking on Conduct Disorders and some of the underlying Mood Disorders that accompany them. Dr. Mahmood will discuss medications and implications of having more than one Mood Disorder. He will be open to questions during the session.



Tour 3: [North Battleford Youth Centre](#)

Meet: Front doors of the Museum transport by van

Time: Thursday, May 13th 2:30 -3:45

The North Battleford Youth Center (NBYC) is a secure custody young offenders facility consisting of four units, each capable of housing thirteen youth. As well, NBYC has a twelve bed overflow unit. NBYC began operation in 1985 and has operated out of its present location since May of 1987. Our mandate is to provide care and custody, to assist with the protection of the community and prepare youth for successful reintegration into society. Programming at NBYC consists of a wide range of activities and services including Culture activities, Academics, Recreation,

SASS CONFERENCE—2010

Addictions, Case Management, Mental Health, Woodworking, Vocational, Job Readiness, Life Skills, etc.. Youth participate in competency based individualized educational programs that comply with standardized provincial curriculum guidelines. Teachers deliver both mainstream and modified academic courses with many youth accessing various upgrading programs. NBYC and various schools throughout Saskatchewan have established strong and positive connections as students have passed through the doors of both custodial and community schools. Norm Van Nortwick, day program supervisor, will lead this tour.



Tour 4: Golfing at North Battleford Golf and Country Club

Place: Golf and Country Club

Time: Thursday, May 13th 2:30 –

Just recently Score Golf Magazine Awarded North Battleford C.C. the #7 Ranking for Public Courses in Sask/Man. of places to play in 2009



Photo By: Doug Wheeler

We invite you to play a round of golf at the

North Battleford Golf & Country Club.

A spectacular view of the Saskatchewan River Valley provides the backdrop for one of the most scenic and challenging golf courses in the province.

Meticulously manicured fairways and greens, and 3 tee boxes on every hole make the course playable for all. So, whether you're the keenest competitor or just want to enjoy the moment, we'll satisfy you with a variety of shots and views.

SASS CONFERENCE –2010

Friday, May 14th, 2010

Reggie Newkirk: [Keynote Speaker- Restoration and Transformation; Elements in Relationship Building](#)

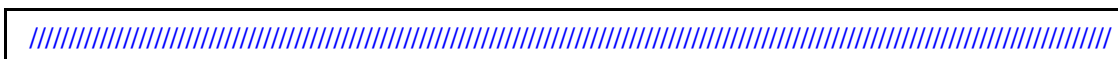
Room: Heritage Room

Time: Friday, May 14th 9:00 – 10:30

Reggie Newkirk grew up in Brooklyn, New York. After his tour in the United States Air Force, he moved to Lethbridge, Alberta in 1968, where he completed a degree in History and Philosophy. Soon after graduation he embarked on a twenty – two year career in the Human Rights field working for Federal, Provincial and Territorial Human Rights Commissions in Canada.

Currently, Mr. Newkirk runs his own consulting company, **Parity Consulting**, in Lumsden where one of his chief activities is the spearheading of the Institute for Healing Racism. He co – authored with Nathan Rutstein, a guide to this process ***Racial Healing: The Institutes for the Healing of Racism***. He is a skilled trainer and group facilitator in human rights, diversity, and multiculturalism. He handles challenging issues with sensitivity, care and humour.

Reggie's Keynote topic: ***Restoration and Transformation are Key Elements in Building Relationships with Violent and Aggressive Youth*** will revolve briefly on each quadrant of the Circle of Courage: Belonging, Mastery, Independence and Generosity. It will be tied to the concepts of restorative justice and personal transformation for those engaged in the process: youth and those who work with them. Reggie will outline techniques on how to connect with young people, classify problems, cope with difficulties and bring resolution to the issues that adolescents face.



Reggie Newkirk: [Restoration and Transformation: Elements in Relationship Building](#)

Room: Heritage Hall (1)

Time: Friday, May 14th 10:45 – 12:00

Reggie Newkirk will elaborate on his Keynote address. In this presentation, Reggie will examine:

- A brief explanation of the relationship of brain development in youth and psychosocial challenges with which they live.
- An understanding of flight, fight follow, and follow and freeze in young people weary of adults.
- Common communication errors that exacerbate and often escalate miscommunication between adults and aggressive/ violent youth.

Techniques that will be introduced and practiced in this session relate to techniques of listening so young people will talk, talking so that they will listen, mirroring, “tit for tat”, bullying, and labeling.

SASS CONFERENCE—2010

Allison Cameron: Brain Gain

Room: Heritage Hall (2)

Time: Friday, May 14th 10:45 -12:00

Allison Cameron is a Special Education teacher, fitness advocate and a lifelong learner. She has been teaching Special Education, focusing on Behavior Management for the last 7 years. She has a background in, and a passion for, physical education and activity. This is evidenced by her involvement in sports at all levels her whole life.

She has been fortunate enough to be able to combine her two main interests: fitness and working with students with behavior and/or learning problems. Knowing the mental, physical, and emotional benefits of being active, she knew she had to take it one step further than the standard physical education class to get her students to experience the full benefits of activity. The 2009/2010 school year will be the third year of the program at City Park Collegiate in Saskatoon. It continues to expand due to the remarkable success and results.

The aim is to provide a simple and inexpensive solution to reduce children's exposure to chronic diseases, while fostering lifelong fitness habits, enhancing academic performance, and reducing absenteeism and disciplinary issues. The approach is that it gets all kids active, not just the athletically inclined; instills lifetime health and wellness benefits of physical activity; exposes kids to the fun and long-term benefits of movement; and integrates Physical Education with the other academic subjects.

* www.4yourbenefitness.com (click on Media) to watch an informative video.



St. Mary Elementary School Native Dancer Troupe

(led by Jennifer Nicotine)

Room: Muse Theatre

Time: Friday, May 14th 10:45-12:00

Jennifer Nicotine is from Red Pheasant First Nations. She is a teacher and co-ordinator of the dance troupe at St. Mary School in North Battleford. Jennifer started pow wow dancing at the age of three and as a teenager learned the sacred Hoop Dance, which she does in honour of her father. Pow wow Dancing not only reinforces true traditional Indian teachings but builds positive self esteem and confidence. Presented by the students and explained by Ms. Nicotine, this session will showcase traditional, fancy, jingle and grass dancers as well as the hoop dance, which Jennifer will perform.

SASS CONFERENCE –2010

Dave McQuaid and Roxanne Stinsky: [Be the Change \(John Paul II High School\)](#)

Room: Harvest Hall

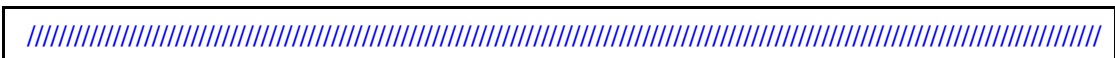
Time: Friday, May 14th 1:00-2:15

Why be the Change?

Given the current state of our world family, with violence, pollution, poverty, addiction, social oppression, isolation and threats of war leaving many of us feeling fearful, victimized or alone, the “Be The Change” movement provides individuals with a clear and powerful way to be at least a part of the change we wish to see in the world.

By joining the “Be the Change” movement, people not only commit themselves to being the change they want to see, they also immediately serve as an inspiration and support to others. By maintaining a commitment to perform at least one intentional positive Act of Change per day and document it, individuals not only experience the immediate satisfaction and pride associated with making a difference, they are also invited to create a clear and powerful record of their accomplishments. With this evidence, there can be no denying the difference they are making.

You’ve probably heard about it, maybe even seen it on TV- now hear first hand about how John Paul II in North Battleford brought it to their school. How have relationships changed in there school environment? How are students taking up the challenge of “Challenge Day”.



Tour 5: [Sakewew High School](#)

Place: Meet at main doors of the Museum transport by van

Time: Friday, May 14th 10:45- 12:00

Formed under joint agreement between the Battleford School Division and Northwest School Division, and Battleford Tribal Council, Sakewew High School was opened in August, 2002 to better meet the needs of First Nations and Métis students. The school offers high school credits on a four-quad system. Students who attend Sakewew come with a variety of needs. Programming is therefore developed to suit each individual student. As well, Sakewew has a strong cultural program, a licensed daycare and daily counseling services. The graduating class averages 31 students per academic year. Sakewew High School is in their eighth year of existence and successes continue to be rewarded.



Tour 6: [Equine Program \(Hidden Meadows Ranch\)](#) Time: Friday, May 14th 10:45-12:00

Place: Meet at main doors of museum transportation by van. Please dress appropriately (boots, or closed toe shoes, jackets) as this is a hand on tour, you will be interacting with the horses. If weather is inclement the session will be moved to an indoor facility.

This preliminary session will introduce participants to the basics of EAL and offer a variety of applications for both adult and youth groups, youth at risk and individuals with special needs. Never been around a horse before? Doesn't matter.

SASS CONFERENCE -2010

Equine Assisted Learning is specially designed to develop leadership and life skills for participants of any age, skill level or profession. In Equine Assisted Learning (EAL), horses are used as teaching tools to facilitate a process of discovery and learning as participants interact (groundwork only) with the horses in a safe, fun and non-threatening environment.

EAL provides life skills lessons that, depending on the needs of the group or individual, can focus on peer relationships, peer pressure, verbal and non-verbal communication, leadership, team building, problem solving, conflict resolution, appropriate assertiveness, trust and respect, pressure and release, self-esteem and confidence, bullying and much more. Participants engage in self-discovery while developing a relationship with a horse. For many, the horse can become a best friend and provide an emotional outlet. Others learn how to effectively interact in a group situation. Some simply learn who and what they are as an individual and choose to either embrace or change that person. All sessions conclude with a debriefing that encourages participants to make connections between the interactions with the horses and their own personal lives, relationships and circumstances.

E-mail debfliegel@sasktel.net



Alan Corbeil and Mel Kozlowsky: [The Eclipse Program: A School Based Program for At-Risk Youth](#)

Room: Heritage Hall (1)

Time: Friday, May 14th 10:45-12:00

Project Eclipse was first introduced in 1999 in Ottawa, Ontario. Loosely based on a program developed in Buckingham, Quebec ("Project VIRUS"), the program was initially envisioned to be a response to violent and/or aggressive behaviour in the school setting. As the model evolved, it was realized, supported by research, that the combination of recreation, in the form of *judo* classes, and cognitive skill-building in a group setting in the school could benefit all students.

Judo is a martial art steeped in Japanese tradition and literally means "the gentle way". The practice of judo aids in the development of self-control, self-confidence and respect for self and others. The group counselling component focuses on anger management, cognitive behavioural therapy and real life problem solving strategies.

In the 2009/2010 school year Phoenix and Manacowin Schools along with Sensei Mel Kozlowski and Sensei Frank Buyers of the Battleford's Judo Club, Alan Corbeil (Clinical Social Worker) from Child & Youth Services, and Zelda Marshall (Community Liaison Worker) from Phoenix School delivered the Eclipse Program to students with positive results. The program has been successful in promoting an environment where at-risk youth are voluntarily and eagerly participating in positive skills training.

SASS CONFERENCE—2010

Tour 7: [Western Development Museum](#)

You are there: Self Directed Tour

Time: 1:00 –2:15

North Battleford's Heritage Farm & Village WDM invites you to experience both farm and village aspects of pioneer life. The large barn is alive with farm animals and Museum visitors can see how the farmer of the 1920's tilled his fields and planted and harvested his crop. A trip to town does not entail a lengthy wagon ride, as it is only as far away as a walk along the boardwalk. Imagine delivering a load of grain to the elevator, or the train whistle tooting as the engine approaches the station. Visit the Co-op store, one of the many churches, a home or a business. Come and enjoy both farm and village life. See how the Saskatchewan spirit coped with the hardships of prairie life. Stop and shop at the Loft Gift Shop.

SASS CONFERENCE—2010

Accommodations – A block of rooms have been booked at the Gold Eagle lodge, please note the group #881 (with the government rate of \$95.00/room) when booking. The Gold Eagle lodge (phone # 446-8877) is near the Western Development Museum – site of the conference.

Other hotels

Tropical Inn – phone 1-800-219-5244

Best Canadian Motor Inns – phone 1-888-700-2264

Super 8 – phone 1-800-800-8000